

Frank M Donnelly Memorial Golf Tournament

At the NCAB Seminar

September 1, 2009

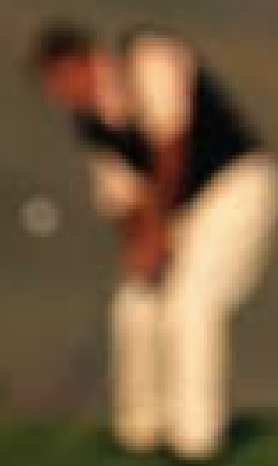
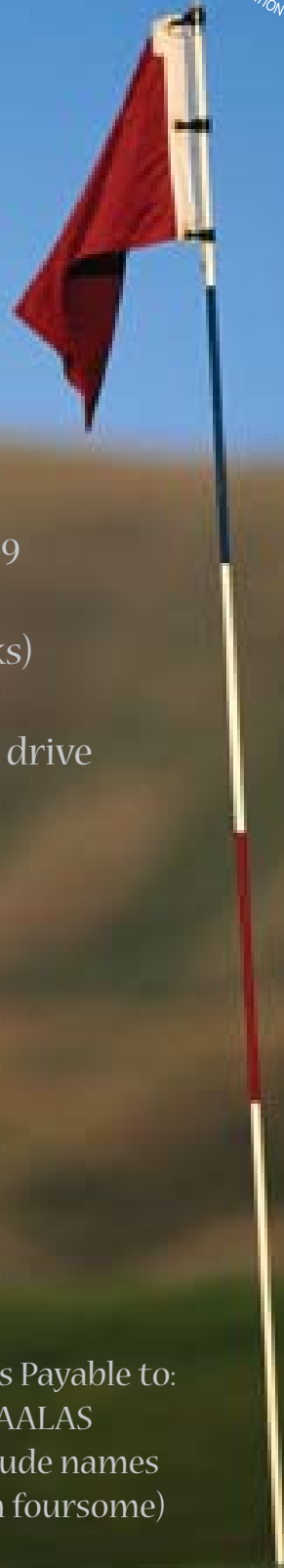
Potomac Ridge Golf Course
15800 Sharperville Rd., Waldorf, MD 20601

Tee-off Time: 9:00 am

Reservation Due Date: August 18, 2009

Cost: \$73.00 (includes lunch and drinks)

Contests: Closest to the pin and Longest drive



Mail to:
Guerra R. Benberry
P.O. Box 10041
Rockville, MD 20849-0041

Make Checks Payable to:
NCAB/AALAS
(Please include names
of golfers in foursome)

For more information, contact Guerra R. Benberry
Call 301.704.7062 or e-mail guerra.benberry@purinalabdiet.com